

# Healthy Relationships KNOW THE FACTS

**One in three** adolescents in the U.S. are victims of physical, sexual, emotional or verbal abuse from a dating partner.

**One in six** (16%) college women experience sexual abuse in a dating relationship.

Among college students **57% say it is difficult to identify dating abuse** and 58% say they don't know how to help someone who's experiencing dating abuse.

*loveisrespect.org*



## 5 KEYS TO A Healthy Relationship

- RESPECT
- LEARN
- EMPOWER
- CONSENT
- COMMUNICATE

A Healthy Relationship always creates an “**US**” without destroying a “**ME**”



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